

PAINTING THE CLASSICAL STILL LIFE with NANCY COHEN

MATERIALS LIST

PAINTS – Any brand is fine. I like Windsor Newton. Student brands are less expensive and they are also fine. The Cadmium paints are the most expensive but you may substitute “hue” as a less expensive alternative. You will need to bring these basics – I find that all colors I need can be mixed from these:

Permalba White or Titanium White

Cadmium yellow pale or light

Cadmium yellow medium

Cadmium orange

Cadmium red

Alizarin Crimson

Yellow Ochre

Burnt Umber

Raw Umber

French Ultramarine

Ivory Black

CANVAS – bring 2-3 cotton or linen PRIMED canvasses in various sizes **no bigger than 16X20**. Best sizes I find are 16X20, 14X18, 11X14 or squares in 14 or 16 inch. You can also use Masonite which has been primed.

PALETTE – Please do not use the white disposable ones – or any white ones. Wood is really the best because it is a neutral color and cleans easily. If you buy a new one you will need to prime it by applying many coats of linseed oil and letting each coat soak in for an hour or so. A pain in the neck but worth the trouble.

PALETTE CUPS – You will need two – one for your medium and one for thinner.

MEDIUM – I use stand oil or Liquin.

THINNER – Gamsol or Turpenoid. No real turpentine or mineral spirits!! Too smelly and toxic.

BRUSHES – Bring BRISTLES not sables or soft brushes. I use filberts and I like Robert Simmons. Get a variety of sizes- small, medium, and large. Don't get really cheap ones – they will shed bristles onto your painting and won't hold up.

PAPER TOWELS – Bounty is the best! If you are like me you'll need lots.

WASHING BRUSHES – I use detergent (Tide) followed by Ivory bar soap. I squeeze off excess liquid and then let them dry lying down on a dishcloth so water doesn't leak into the ferrule and weaken the glue.

READING: In my opinion, the best book on painting technique is PROBLEM SOLVING FOR OIL PAINTERS by GREGG KREUTZ. His book is easy to read – at times even humorous – and his paintings are inspirational. Worth having a copy.

Please feel free to call me directly if you have any questions or problems. I look forward to meeting you!!

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